

SY17 ELEM LUNCH CHO MENU

Week 1	W1D1	W1D2	W1D3	W1D4	W1D5
Entrée	Sandw Chix Crispy 15/27 (Bun)	Hot Dog Sliders 0/12 (each bun)	Pizza 36	Chix Popcorn and Bread 15/14 (roll)	B4L Pancakes Sausage 14(per pancake)/0 (sausage)
Entrée	Nachos 29 (chips)/4 (cheese)/0 beef	Pasta Lasagna Marinara and Bread 34/ 15 (bread)	Bento Box (See Misc CHO List)	Yogurt & Educational Snacks 20/20	Shrimp Popcorn and Bread 22 (per serv)/14 (roll)
Entrée	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)
Entrée		Sandw PBJ (Large) 64		Sandw PBJ (Large) 64	
Week 2	W2D1	W2D2	W2D3	W2D4	W2D5
Entrée	Sandw Beef Burger 0/27 (bun)	Chix Nuggets 3 (per nugget)	Pizza 36	Corn Dogs Mini 30 (5 each)	B4L Chix Waffles 5 (per pc Chicken)/ 43(waffle)
Entrée	Chix Boneless Wings (See Below)	Tacos-Crunchy 9 (per shell) & Roll-Cinnamon 19	Sandw Chix Crispy 15/27 (bun)	Slider Subs 21 (ham), 25 (veggie) & Dorito Chips 20	Sandw Grilled Chz 34
Entrée	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)
Entrée		Sandw PBJ (Large) 64		Sandw PBJ (Large) 64	
Week 3	W3D1	W3D2 (Cookie Choc Chip Day 25gm/serv)	W3D3	W3D4	W3D5
Entrée	Chix Nuggets 3 (per nugget)	Sandw BBQ Slider 4/27 (two slider buns)	Pizza 36	Cheesesticks Breaded Mozzarella 35 (7 per stick)	B4L Pancakes Sausage 14(per pancake)/0 (sausage)
Entrée	Burrito Beef and Chz 35/ Bean and Cheese 42	Chix Drumsticks Roasted 0 for Plain & Buffalo (13 BBQ flavor)	Hot Dog 2/27(Bun)	Slider Subs 21 (ham), 25 (veggie) & Dorito Chips 20	Fish Nuggets & Bread 22 (per serv)/ 14 (bread)
Entrée	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)
Entrée		Sandw PBJ (Large) 64		Sandw PBJ (Large) 64	

Side Fruits and Veggies are on the Fruit & Veggie CHO List
 Condiments, breads and other individual items are listed on the CHO MISC List

Chix Boneless Wings:
 Homestyle 20gm/serv
 Boom Boom 25gm/serv
 Asian 29gm/serv
 Teriyaki 36gm/serv