

SY17 HS LUNCH CHO MENU

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée:	Pizza 36	Pizza 36	Pizza 36	Pizza 36	Pizza 36
Entrée:	Sandw Chix (reg & spicy) 15/27 (Bun)	Sandw Beef Burger 0/27 (bun)	Chix Boneless Wings (see Below)	Hot Dog 2/27(Bun)	Seafood Basket (See Misc CHO List)
Entrée:	Burrito 35 (beef)/42 (bean)	Italian Trio 11 (calzone)/5 (tender)/ 14 (for two cheese sticks)	Nachos 29 (chips)/ 4 (cheese)/ 0 (beef)	B4L Chix Biscuit Spicy 17/ 27 (biscuit)	Sub Meathball Italian 10/36 (sub roll)
Entrée:	Salad Chef (See Misc CHO List)	Salad Chef (See Misc CHO List)	Salad Chef (See Misc CHO List)	Salad Chef (See Misc CHO List)	Salad Chef (See Misc CHO List)
Entrée:	Subs (See Misc CHO List)	Subs (See Misc CHO List)	Subs (See Misc CHO List)	Subs (See Misc CHO List)	Subs (See Misc CHO List)
Entrée:	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)
Entrée:	Sandw PBJ Large 64	Sandw PBJ Large 64	Sandw PBJ Large 64	Sandw PBJ Large 64	Sandw PBJ Large 64

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée:	Pizza 36	Pizza 36	Pizza 36	Pizza 36	Pizza 36
Entrée:	Sandw Chix (reg & spicy) 15/27 (Bun)	Sandw Beef Burger Bacon Chz 2/ 27 (bun)	Chix Drumstick 5 (per drumstick)	Hot Dog 2/27(Bun)	Chix Nuggets HS 32
Entrée:	Sandw BBQ 4/27 (bun)	Grab Wrap (See Misc CHO List)	Nachos 29 (chips)/ 4 (cheese)/ 0 (beef)	Pasta Lasagna Marinara and Bread 34/ 15 (bread)	Bowl Rice (See Misc CHO List)
Entrée:	Salad Chef (See Misc CHO List)	Salad Chef (See Misc CHO List)	Salad Chef (See Misc CHO List)	Salad Chef (See Misc CHO List)	Salad Chef (See Misc CHO List)
Entrée:	Subs (See Misc CHO List)	Subs (See Misc CHO List)	Subs (See Misc CHO List)	Subs (See Misc CHO List)	Subs (See Misc CHO List)
Entrée:	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)
Entrée:	Sandw PBJ Large 64	Sandw PBJ Large 64	Sandw PBJ Large 64	Sandw PBJ Large 64	Sandw PBJ Large 64

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée:	Pizza 36	Pizza 36	Pizza 36	Pizza 36	Pizza 36
Entrée:	Sandw Chix (reg & spicy) 15/27 (Bun)	Sandw Beef Burger 0/27 (bun)	Chix Boneless Wings (see Below)	Hot Dog 2/27(Bun)	Seafood Basket (See Misc CHO List)
Entrée:	Quesadilla Pizza Chix 38	Chix Wings (See Below)	Tacos- Crunchy 9(per shell) & Roll-Cinnamon 19	B4L Chix Waffles 5 (per pc Chicken)/ 43(waffle)	Bowl Potato Mashed (See Misc CHO List)
Entrée:	Salad Chef (See Misc CHO List)	Salad Chef (See Misc CHO List)	Salad Chef (See Misc CHO List)	Salad Chef (See Misc CHO List)	Salad Chef (See Misc CHO List)
Entrée:	Subs (See Misc CHO List)	Subs (See Misc CHO List)	Subs (See Misc CHO List)	Subs (See Misc CHO List)	Subs (See Misc CHO List)
Entrée:	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)	Sandw Veggie (See Misc CHO List)
Entrée:	Sandw PBJ Large 64	Sandw PBJ Large 64	Sandw PBJ Large 64	Sandw PBJ Large 64	Sandw PBJ Large 64